Junior School Tuckshop Menu – Term 2 2015

Sandwiches/Rolls/Wraps
*Made with a variety of wholemeal & white products*

- Chicken and Salad $4.00
- Chicken and Avocado $4.00
- Egg and Lettuce $4.00
- Ham, Cheese and Tomato $4.00
- Ham and Salad $4.00
- Salad $4.00
- Chicken and Salad Wrap $5.50

Fresh Specials

- Sushi - chicken, beef, tuna, vegetable:
  - One sushi roll $2.80
  - Two sushi rolls $5.50
- Vietnamese Rice Paper Rolls (2 pack)
  - Chicken or Tofu $5.50
- Caesar Salad $5.50
- Fresh Fruit Salad $3.50

Hot Items

- Hot Dogs with Sauce $3.00
- Mini Beef Pie - Junior $2.50
- Sausage Rolls - Junior $2.50
- Traveller Meat Pie $3.50
- Tomato Sauce Sachet $0.50
- Lasagne $4.50
- Macaroni Cheese $4.50

Fresh Extras

- Muffins (homemade) $3.50
- Cupcakes (homemade) $3.50
- Fruit Tubs (chilled) $2.00
- Gingerbread Man (97% fat free) $2.00
- Chips (25g) $2.00
- Donut $2.50
- Paul's Yoghurt To Go $2.00

Please Note: The combinations of the specials cannot be changed; Chocolate milk will be given unless juice, plain milk or LOL is requested.

MONDAY DEALS

Ham & Cheese Pizza and homemade garlic bread, muffin with Milk or Juice or LOL $6.00

TUESDAY DEALS

Mini chicken sub with mayonnaise and lettuce, muffin with Milk or Juice or LOL $6.00

WEDNESDAY DEALS

Chicken Nuggets and wedges, muffin with Milk or Juice or LOL $6.00

THURSDAY DEALS

Hamburger with cheese, lettuce and tomato sauce, muffin with Milk or Juice or LOL $6.00

FRIDAY DEALS

Chicken Breast Chippies, muffin and garlic bread with Milk or Juice or LOL $6.00

Drinks

- Plain Milk 600 ml $2.00
- Chocolate Milk (300ml) $2.50
- Strawberry Milk (300ml) $2.50
- Fruit juice (Apple, Orange, Tropical) $2.50
- Plain Water (600ml) $1.50
- Large Flavoured Milk (300ml) $3.50
- Chill Iced Tea (250ml) $2.00
- Focus Kids’ Lemonade Water $2.50
- LOL - Raspberry or Tropical $2.00

How to order Tuckshop

Tuckshop and the BBC Junior School are promoting the use of a specialised lunch wallet. We encourage all BBC families to purchase a lunch bag for $7.00 from the Tuckshop. Change will be placed in the zip pouch provided.