From the Headmaster

School spirit can be defined as emotional support for the College. It manifests in many ways; in the wearing of the College uniform with pride, attendance at sporting events and with groups of boys coming together in the singing of the school war cry.

However, words do not adequately explain this concept, which in many ways is the defining aspect of our culture. The truth is that you can sense the spirit of a school like BBC when you walk through the gates for the first time.

There are, however, moments which give us special insight into the world of BBC spirit. It could be seen last Thursday in the visit of our Prefects to the Prep Class when they warmly welcomed our youngest boys to the College family. It was quite uplifting to see our Year 12 leaders enthusiastically interacting with the younger boys, playing with Tonka trucks, kicking a football and talking about what they love doing at BBC.

School spirit was also on show at Somerville House on Monday night for The Great Debate. It was wonderful to see our supporters belting out the war cry under the leadership of The Highlander, aka College Vice Captain, Patrick Jaffe. The passionate support which our boys provided to our debaters on Monday was outstanding.

School spirit can also be seen in the dedication of the young men, who represent the College in the sporting arena. This morning on the river, I saw incredible commitment from our First and Second VIII’s as they prepared for the Head of the River.

Most of all, however, it can be seen in the eyes of the boys. Our young men love knowing that they belong to something special, they are men of BBC.

This feeling does not come to an end at the conclusion of Year 12. It is a gift for life. As I attended the Sydney reunion for our old boys last Friday evening and the Toowoomba reunion on Wednesday, I saw the same passion in the eyes of men who left the College 10, 20, 30, 40 and 50 or more years ago.

To all the parents of our College, who have made the sacrifices to give their sons the wonderful opportunity to attend BBC, I say ‘thank you’. BBC is a truly amazing school with a spirit that ‘burns brightly’ and this year, our seniors with their theme of ‘Ignite’ have made a spectacular start to 2017, which will be an unforgettable year.

Mr Graeme McDonald
HEADMASTER
Imagine a world without wind. Lakes would be calm. Falling leaves wouldn’t blow in the streets. But in still air, who would expect trees to suddenly fall over? That’s what happened in a three-acre glass dome built in the Arizona Desert. Trees growing inside a huge windless bubble called ‘Biosphere 2’ grew faster than normal until suddenly collapsing under their own weight. Project researchers eventually came up with an explanation. These trees needed wind stress to grow strong.

Today, life in a protective bubble might sound appealing. The reality though is that our young men are strengthened by the winds of challenge, disappointment and pressure. It is in this very environment of testing that young men are able to grow in their faith as they learn to trust God. Faith is truly the greatest antidote for anxiety and fear. May each young man at BBC experience that growing process, for anxiety and fear. May each young man at BBC experience that growing process for anxiety and fear.

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FROM THE MIDDLE SCHOOL

Character Education

A few years ago now I was fortunate to co-present at a national conference on the topic of character education. At the time, my school had no formal character education curriculum but that didn’t matter because I strongly argued the sum of the wide ranging collection of activities, opportunities and experiences all melded together and assisted in shaping students character development. Activities such as helping those in need in the community, working through the Duke of Edinburgh program, personal development and leadership opportunities, co-curricular and extra-curricular pursuits, student mentoring programs and the daily personal interactions within and beyond the school community provided a rich and diverse set of learning opportunities as well as challenges to one’s self and the variety of groups connected via peers.

There are, of course, countless definitions that eloquently assist in helping one understand the meaning of character. Selecting one, or more, that resonates with an individual is of course very different and personal. For me, it was Abraham Lincoln who best summed up my view towards character having once said, “Reputation is the shadow. Character is the tree. Our character is much more than just our reputation. Our reputation is what we try to display for others to see. Our character, however, is who we are even when no one is watching.”

As part of our student leadership program, the Semester 1 Year 9 House Leaders have begun exploring the topic of character and how it fits into the Middle School Leaders mantra of ‘courage and presence’. These leaders are reviewing The VIA Classification of 24 Character Strengths (http://www.viaclassification.org/www/Portals/0/Graphic2014.pdf) to help them as they serve by leading and lead by serving.

This was elaborated on at the recent Middle School Assembly which saw the commissioning of the 2017 Year 9 Semester 1 House Leaders and Music Leadership team.

Congratulations are extended to the following young men:

- Birtles House
  - Lachlan Medway
  - Matthew Zhao
- Campbell House
  - Thomas Taylor
  - Lachlan Aler
- Flynn House
  - James Mann
  - Lachlan Marschke
- Hamilton House
  - Nicholas Rees
  - Blaise Campbell
- Knox House
  - Thomas Bunzi
  - Luke Drury
- McKenzie House
  - Angus Scroggie
  - William Gibson

FROM THE CHAPLAINS

Imagine a world without wind. Lakes would be calm. Falling leaves wouldn’t blow in the streets. But in still air, who would expect trees to suddenly fall over? That’s what happened in a three-acre glass dome built in the Arizona Desert. Trees growing inside a huge windless bubble called ‘Biosphere 2’ grew faster than normal until suddenly collapsing under their own weight. Project researchers eventually came up with an explanation. These trees needed wind stress to grow strong.

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FROM THE MIDDLE SCHOOL

Character Education

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Just as character development is very personal so too is leadership development. It is not uncommon for boys to sit back and watch peers embark on their leadership journey and monitor their progress before themselves declaring the right time to get involved. This may occur much later in school, such as indicating a leadership interest in Year 10 through the mentor program. Others are, of course, ready to pursue their leadership ambitions immediately.

I wish all current and future student leaders all the very best and look forward to working with you throughout your term in office.

Mr Ian Macpherson
HEAD OF MIDDLE SCHOOL

BOARDING
Boarders enjoyed a range of different activities on the weekend, despite cancelling our trip to the coast due to the extreme temperatures. Instead we gave the boys the option of the air-conditioned comfort of Indooroopilly Shopping Town or a swim in the BBC pool in the late afternoon. Most boys jumped at the chance to cool off.

The Year 10 dorm renovations are continuing to progress, with the bathroom facilities almost complete and the boys dorm cubic fitting currently being installed. Everyone is looking forward to the project’s completion, especially the boys. The large open windows make a huge difference by bringing natural light in the dorms.

Next week I will be distributing documents to parents regarding end of term travel. Boarders are allowed to leave one day earlier (Wednesday 29 March after 3.00pm) for travel. These end of term documents require parents to fill in times dates and flight/bus/train details (if applicable) in order for us to assist in taking the boys to the Roma Street Transit Centre and both the domestic and international airports. A staff member will travel with each boarder or group of boarders to ensure they depart for home safely.

This weekend boys have a number of great options for activities to choose from. As well as their BBC sport, Friday night we will once again offer the extremely popular games night in the gym followed by a 7/11 trip for a Slurpee. On Saturday night a BBC bus will take a group of boys and two staff to Clayfield College at 5.30pm for a night of games and a BBQ dinner, arriving back at BBC at 8.30pm. Finally on Sunday we are offering a trip to South Bank Parklands in the afternoon, where the boys can enjoy the views of the city and all the other amenities that Southbank offers. Last year the majority of the boys were interested in finding Pokémon when they were walking around, however this year the boys have informed me it is it no longer cool.

Mr Matt McEwen
DIRECTOR OF BOARDING

International tutor, Kenny Han continues to make a difference with our international boarding students. Kenny assists the boys twice a week during their prep time at night, helping boys to overcome any language barrier difficulties. Kenny is a real asset to BBC Boarding as he goes above and beyond to help make the boys who live so far from home, settle into the life and rhythms of boarding.
ARROWSMITH

The College has many wonderful programs that help boys to achieve their potential. The Arrrowsmith Program is one such initiative. This cognitive program harnesses the principles of the brain’s neuroplasticity. Recent discoveries in neuroscience have demonstrated that, by engaging in certain mental tasks or activities, we can actually change the structure of the brain. The capability of nerve cell change is known as neuroplasticity.

The Arrrowsmith Program began last year at the College and currently there are 14 students enrolled in the program. The founder of the program, Barbara Arrrowsmith-Young, is currently in Australia and we have been able to arrange for her to speak at the College on Friday 10 March at 7.00pm in College Hall. There is no charge for her presentation and details about registering your interest in attending can be found in the flyer in College News and the Junior School News.

Mr Gary Musson
ARROWSMITH PROGRAM

PARENTS AND FRIENDS’ ASSOCIATION

Parent Forum – Academic Success Strategies
Tuesday 28 February at 7.00pm - College Hall

Julia Clifford, principal at Advance Academics will be our guest speaker for the first Parent Forum of the year. Julia will talk about goal setting and empowering parents to assist boys to get the best out of their study time. Please RSVP here by 27 February.

Tired of nagging your sons to study? Can’t understand why they’re so distracted? Overwhelmed with stressed-out teens? Feel as though you’re speaking a different language?

The Term 1 Parent Forum with Advance Academics will give you the answers you need, and you’ll walk away with practical, effective and proven strategies that you can implement straight away.

Any parent will tell you that not all boys are the same. Some are extroverted, some more reserved. Some boys are driven and achievement-oriented, others are more easy-going. Understanding exactly how these characteristics impact learning and study habits is imperative to effectively assisting your sons to ensure they reach their own academic potential. At this forum, you’ll gain insight into the interaction between an individual student’s personality type and their academic habits. Many parents report the relief and ‘light-bulb’ moments they experience when the understand not only how their boys are unique, but why, resulting in greater empathy, consideration and harmony within the home. You’ll gain awareness of your own communication style as a parent, and how you can help to motivate, organise and prepare your boys for success, through personalised strategies.

About Julia… Julia Clifford (nee Minuzzo) is an experienced public speaker, Certified Personality Trainer, tutor, mentor, business owner and registered teacher. Julia has trained in the USA under renowned speaker and author, Florence Littauer, and utilises the user-friendly profiling system, The Personalities. Built on this knowledge, Julia opened Advance Academics in 2008, a unique academic tutoring and mentoring service. She and her team mentor students in the 4 Keys to Academic Success to develop motivated, organised and prepared students through personalised strategies.

“Academic success comes when students understand themselves, and are equipped with the right strategies to apply to their learning.”

Mr Darren Moore
P&F PRESIDENT

2017 P&F WELCOME PARTY

Thursday 23 February from 6.00pm to 8.00pm - College Hall Foyer
We will be welcoming all parents to the new school year, and looking to showcase the many offerings of BBC. Please RSVP here by Monday 20 February.

Ms Jennifer Sharp
BUSINESS MANAGER P&F ASSOCIATION
Co-curricular Activities

GPS CROSS COUNTRY

ALL ABOUT THE TEAM: 2015 14 YEARS AT THE GPS START LINE

Training sessions
Monday and Thursday mornings 6.45am - 7.45am
Tuesday and Wednesday afternoons 3.15pm - 4.15pm
Meet at John Noblet Oval grandstand

Thursday morning BBQ breakfasts
The famous Thursday morning cross country BBQ breakfasts will commence for 2017 next week – Thursday 23 February. This year the format will be $1.00 ‘all you can eat’ breakfast following training, with weekly awards being presented during breakfast.

Last week’s award winners
Middle School: Jack Scott
Senior School: James Heading

Season launch and information evening
Wednesday 15 March
College Hall 6.30pm - 8.00pm

Parent Support Group
Parents who are interested in supporting the Brisbane Boys’ College Cross Country program should contact Mr Richard Bennett via richard@bennettfinancial.com.au

State Schools’ Triathlon Championships
The following students will represent Met West at the State Schools’ Triathlon Championships at Hervey Bay from 23 to 25 February: Mitchell Yarde, Jackson Medway, Harrison Medway, Lachlan Medway and Flynn Pumpa.

Mr Russel Hansen
DIRECTOR OF ATHLETICS (TRACK AND FIELD, CROSS COUNTRY)

DEBATING
The season is now underway with the first round of debates against Ipswich Grammar School having taken place last Friday night. The Senior’s led the way on a night when the spoils were evenly shared. They recorded a resounding five point win. These teams were also successful on a night of very close competition: 11.1, 11.2 and 8.2. It was an enjoyable evening with the highlight for many being the dinner stop at Hungry Jack’s.

Round 2 GPS Friday 24 February v Gregory Terrace (at home)
All teams from Years 5 to 12 will be competing. It will be the first outing for many of the younger boys and an exciting time for them.

Supper
We are renowned for our suppers and remind parents/guardians to provide a plate of food (packet of biscuits etc. is all that’s required). Please leave any offerings at the kitchenette outside the Lecture Theatre, which is where supper is served from the end of the first debate to the end of the Senior A fixture.

Times of GPS fixtures
While the dates of GPS fixtures remain unchanged there have been minor changes. Times for debates will be circulated in the week prior to the debate.

Senior A/Captain of Debating
Last week at the conclusion of the Founder’s Day Assembly the Captain and Vice Captain of Debating were announced and the Senior A team presented with their badges. This year debating will be led by Captain, Gert Olivier and Vice Captain, Anthony Cerqui both of whom have debated all the way through their time at BBC. The Senior A team members are Anthony Cerqui, Nakul Doshi, Gert Olivier and James Sexton. They are being very ably coached by Ms Prue Edwards and Ms Emily Leggett, both very talented and enthusiastic debaters.

The Great Debate - Somerville House v BBC
Each year Somerville House launches their debating season with a debate against another school. This year, for the second year in a row, the BBC Senior A were invited to participate in the debate held on Monday 13 February. The topic was ‘That 2016 should be regretted’ and was argued in a spirited manner with more than 60 BBC boys vigorously supporting our boys. Judge Michael Rackemann of the District Court of Queensland and the Planning and Environment Court, adjudicated the debate which narrowly went to Somerville House. Funds raised on the night went to the Women’s Legal Service.

The Debating Newsletter
Early next week the first edition of the 2017 Debating Newsletter will be circulated to all parents. If you do not receive a copy please contact me. The newsletter will contain information about forthcoming debates and events as well as other news from the world of debating.

Date claimer
Friday 28 April
Please save the date for the Celebration of Debating Dinner (Years 7 to 12).

Ms J Christopher
MIC OF DEBATING
MUSIC

Twilight Concert
Wednesday 8 March
6.30pm - College Hall
This is a free event. To reserve your seat please confirm your attendance via www.trybooking.com/OPVC
Ensembles performing include the College Symphony, College Strings, Symphonic Band, Big Band, Pipe Band, Camerata and Collegians. Please see the flyer on page 10 of this edition of College News for more information.

USA Music Tour 2016
On December 4 2016, 42 College musicians and six staff set off on a 14 day tour of USA. Visiting New York, Washington DC and Chicago, the boys had the opportunity to make music with a number of American school groups in New Jersey, Washington D.C. and Chicago, as well as attend astonishing performances or rehearsals by groups such as the US Army Blues, New York Philharmonic, National Symphony Orchestra and Chicago Symphony Brass. They also worked with some amazing clinicians including Dr William LaRue Jones, Dr Mark Camphouse and Professor James Ripley. Other tour experiences included the 9/11 Memorial and Museum, a Broadway show, a number of Smithsonian Museums and the Mid-West International Band and Orchestra Clinic. The cold weather (-minus 24 in Chicago) whilst a challenge, allowed for snow fights and purchases of crazy hats and beanies. Congratulations to all the boys and staff involved in such a wonderful opportunity and we look forward to the next music tour.

TENNIS

The Open BBC team was given the opportunity a few weeks ago to represent Australia in the World Secondary Championships in Brazil conducted by the International Schools Federation. The invitation was given to the College after finishing second at the Australian Team Championships last November. Unfortunately, last week after much consideration the trip was cancelled due to the safety concerns in Brazil. My thanks to the parents and players (Casey Edwards, Ryan Hayes, Luke Jones, Finn Macnamara, Bryn Nahrung, Colby Norman, Dane Sweeney) for their understanding and acceptance of this decision.

Congratulations to Dane Sweeney who last week was selected in the Under 16 Australian Davis Cup team. Tennis Australia only select three players for this team, Dane being the only full-time student selected in the team. A very special honour for Dane.

GPS Tennis trials commence in week eight this term. The daily schedule is available on the Tennis Office noticeboard. We anticipate that all teams will have a practice session in the last week of the term.

Cardio Tennis for parents is now held on a Tuesday morning from 8.30am to 9.30am at the Junior School courts. Cardio tennis is a fun, tennis based fitness program open to all ages, abilities and fitness levels. Participants must text coach Hugh Clarke 0401 168 127 if attending by 5.00pm on the Monday prior.

First IV GPS trials commence next Wednesday morning. All interested students must see Andrew Rolph before next Wednesday.

Chris Rolph
DIRECTOR OF TENNIS

SWIMMING

Meet #3 – Friday 10 February

This was a tough week for the College swimmers. It began with the Senior and Middle School Interhouse Swimming carnival. Most of the boys who wanted to swim at the GPS Championships were put through a demanding program as they were asked to swim in all available events during the carnival - five individual and one relay. The rationale behind this was to improve the boys’ fitness, as well as...
their mental resilience - to know that, if asked, they could back up for the College on 3 March.

Three days later was the meet that signified the completion of half of the competitive season. The boys who attended this week’s meet were out to post a solid time for themselves, the College and the coaches. In our preparation meeting before the meet, the boys were challenged to swim against those who were of a similar pace so that both would be pushed, and to finish strong.

From the times that were swum, it appeared that the boys took notice of these focal points as a massive 41 students recorded personal best (PB) times. Of these, the following recorded multiple PBs – Jack Gallagher (two) and Oliver Mitchell (two) in Under 16; Stirling Gallagher (three), James Mann (three), Godfrey Neame (three), Matthew Rutley (two) and Andy Zhu (two) in Under 15; Keegan Belcher (two), Archie Buckingham (two), Levi Lennon (two) and Nicholas Munro (two) in Under 14; William Keizer (three), Charlie Mills (three), Cary An (two), Lachlan Gallagher (two), Joseph Newell (two), Samuel Stafford (two), Lex Tucker (two) and Benjamin Wenck (two) in Under 13.

Meet #4 – Friday 17 February

This Friday’s meet sees the BBC swimmer travel to Centenary Pool in Spring Hill to attend the lead-up meet hosted by Gregory Terrace. The meet runs a combined Under 10 to Open program that starts with a 4.30pm warm-up. This meet has an emphasis on relays which will be greatly beneficial to our swimmers for the GPS championships preparations. Details of this program will be posted on the swimming course on Highlands when received from the host school.

As this is a combined meet, boys in the Senior squad are to meet at the Sports Complex immediately after school as the buses will depart earlier than normal, at 3.30pm. Buses will return to school after the completion of the meet schedule (approximately 7.30pm). There will be a full squad meeting out at Centenary Pool before the warm-up.

2017 District and Regional Swimming Trials

Wednesday last week, 21 boys attended the West Taylor Bridge District Swimming trials for Under 10 to Under 12 swimmers. Of these, the following have been selected to attend the Met West regional trials on 22 February:

- Tom Brentnall – swimming in eight events
- James De Stefani
- Blake Jennison
- Archie Moore
- Hugh Moore
- Seb Taylor – swimming in six events
- Avery Thompson – swimming in six events

In addition, the following Under 13 to Under 19 boys will be attending the same trials: Luke Allen, Cary An, Bryce Belcher, Keegan Belcher, John Brouwers, Archie Buckingham, Lachlan Byrne, Joren Elabbasi, Oliver Finlay, Jack Gallagher, Jack Gersekowski, Kobe Jennison, Liam McGowan, Oliver Mitchell, Joseph Newell, Joshua Oshlack, Matthew Rutley, Jake Somerville, Patrick Traynor, Lachlan Trew, Johnathon Turnbull and Andy Zhu.

2017 Swimming Annual Awards

With only a few weeks to go until the end of the 2017 season, it is hoped that you have already purchased your tickets to our Annual Awards evening. If you still need to purchase tickets, please do so at your earliest convenience so that appropriate catering can be arranged. The event flyer, providing all of the necessary details for this event, can be found in this edition of College News, as well as on the swimming course on Highlands.

WATER POLO

Met West Trials

Last Wednesday, 16 BBC Water Polo players attended the Met West Water Polo trials. Only one team of 11 is selected from all of the players across the Under 13 - Under 17 age groups who trialled. From these trials, the following students have been invited to be a part of the 2017 team: Clancy Doe, Henry Doe, William Downes, Jack Gallagher, Stirling Gallagher, James Kininmonth and Oliver Quinn.

These students will travel to the Gold Coast to compete in the state championships from 16 to 19 March at the 2018 Commonwealth Games venue. Shadow players are William Finlay, Tomas Hedges, Samuel Kovac and Nicholas Murchison.

Mr Brett Shields
DIRECTOR OF AQUATICS
**TUCKSHOP**

Roster week commencing 20 February

**Monday 20:** Jacinta Wrakuale

**Tuesday 21:** Susie Nielson, Lori Graham, Melissa Lennon, Gaynor Edwardson

**Wednesday 22:** Kelly Edwards, Samantha Hill, Susie Dash

**Thursday 23:** Leanne Dalton, Nicole Bolton, Carolyn Meyer

**Friday 24:** Mei Li Chong, Lisa Kennedy, Janelle Heine, Leith Sutherland

Ms Barbara Harvey

TUCKSHOP CONVENOR

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**COLLEGE SHOP**

**Blazer**

Blazer fittings have commenced. A reminder to all students that our supplier is here this week and the following for blazer fittings.

All students from Years 4 to 12 are required to wear a blazer. While we keep stock of blazers if a size sells out or a special make is required we need to order these as soon as possible. An appointment is not required - they will be here from 7.30am – 9.00am on our opening days. If we have the correct size in stock you will be requested to purchase the item and if we don’t we will be placing orders.

It seems early however our blazers take up to 12 weeks to make. Timing is critical for us to ensure we have the item back in time for compulsory blazer wearing in Term 2. We also carry a great range of second hand blazers to chose from in very good quality.

**Secondhand Clothing**

The College Shop runs an excellent secondhand clothing service to the school community. We adhere to a very high standard of quality for any secondhand items and all items submitted must meet our specified criteria. We ensure garments are current, freshly laundered and are in acceptable condition (in line with College requirements). Our garments are checked to make sure they are current and are in good quality (no rips, tears, paint marks, stains etc). We have been running this consignment service in the shop now for many years for all parents to give them an opportunity to sell items no longer required and for other families.

**Books**

There are still books belonging to students that have not been collected. Students have been notified via email to collect these items from the shop. If books are not collected by Monday 20 February they will be returned to stock as we will assume you no longer require the item.

Ms Lesley Ross

COLLEGE SHOP MANAGER

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**PARENT CONNECTIONS**

Parent Connections seeks to provide points of connection for parents of the College. All parents are welcome to attend Parent Connections meetings held each term in College House on the second Thursday of the month. Please note the year level event information for upcoming dates:

**Year 11**

The Year 11 catch-up will be held in week seven (commencing 6 March). Karen will provide further details as soon as possible via College News.

Year 12 parents are invited to a casual social evening.

**When:** Friday 24 March from 5.30-7.30pm (week nine)

**Where:** Hundred Acre Bar

Drinks are available for purchase on arrival

**RSVP:** Ryl Gardner by Monday 20 March via repgard@bigpond.com.au

Ms Helen Barnard

PRESIDENT PARENT CONNECTIONS
2017 Gymnastics Season Launch

BBC Gymnastics would like to invite all new and returning gymnasts and their families to the 2017 season launch.

Gymnastics provides boys with an opportunity to train consistently, become strong, fast and agile while learning new skills in a supportive environment - skills that so many wish they could do, but very few people can perform.

BBC Gymnastics continues to move from strength to strength and we look forward to welcoming new boys and returning gymnasts to the program who will play a critical role in helping us to achieve our goal of becoming the strongest performing program in GPS Gymnastics.

The 2017 season begins with the season launch and is for all students currently in Years 5 to 12 who are looking to train for the 2017 GPS Season and beyond. For those new to GPS Gymnastics; regular training is held each Monday and Wednesday from 3.00pm to 5.00pm, beginning Wednesday 1 March 2017 and concludes at the GPS Championships on 10 June 2017.

Event Details

<table>
<thead>
<tr>
<th>Date</th>
<th>Wednesday 22 February</th>
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<tbody>
<tr>
<td>Time</td>
<td>3.00pm - 5.00pm</td>
</tr>
<tr>
<td>Venue</td>
<td>BBC Gymnastics Hall</td>
</tr>
<tr>
<td>Tickets</td>
<td>Free event (BBQ supplied by the Gymnastics Support Group)</td>
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<tr>
<td>Dress</td>
<td>Boys are required to wear BBC PE uniform</td>
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<tr>
<td>RSVP</td>
<td>For catering purposes please RSVP by Monday 20 February to Gymnastics Coordinator, Ashley Druve via <a href="mailto:adruve@bbc.qld.edu.au">adruve@bbc.qld.edu.au</a></td>
</tr>
</tbody>
</table>

For more information please contact Gymnastics Coordinator, Ashley Druve on 3309 3601 or via adruve@bbc.qld.edu.au
Swimming Annual Awards

BBC Swimming invites Junior and Senior squad swimmers and their family to celebrate the season at the Annual Swimming Awards Break Up.

DATE       Friday 3 March
TIME       7.00pm for a 7.15pm start – late
VENUE       Diamond Room, Easts Leagues Club
            40 Main Avenue, Coorparoo
TICKETS    Adults: $75; Students/Children: $50
            Tickets are to be purchased via
            bit.ly/BBCSwimmingAnnualAwards
RSVP       Please purchase tickets online by
            Monday 27 February

ENQUIRIES   For further information
            contact Brett Shields,
            Director of Aquatics via
            bshields@bbc.qld.edu.au
            or 3309 3562
TWILIGHT CONCERT 2017

WEDNESDAY 8 MARCH

6.30PM START

COLLEGE HALL

PERFORMANCES BY THE PIPE BAND, COLLEGE SYMPHONY, COLLEGE STRINGS, SYMPHONIC BAND, CAMERATA, COLLEGIANS AND BIG BAND

FREE TICKETED CONCERT

RESERVE YOUR SEAT VIA THE EVENTS PAGE ON THE BBC WEBSITE

REFRESHMENTS AVAILABLE FROM 5.30PM FOR PURCHASE FROM THE MUSIC SUPPORT GROUP
The Hopes and Dreams Foundation and Brisbane Boys’ College are proud to present an evening with Barbara Arrowsmith Young, Director of the Arrowsmith School and International Best Selling Author of *The Woman Who Changed Her Brain*.

Barbara’s work, begun in 1978, and has been recognised as one of the first examples of the practical application of neuroplasticity, the ability of the brain to change and rewire itself over a person’s lifetime.

Come and share in Barbara’s compelling personal journey and learn more about the outcomes achieved during her 35 years as an educator and researcher.

Barbara Arrowsmith Young holds a B.A.Sc. in Child Studies from the University of Guelph, and a Master's degree in School Psychology from the University of Toronto. She is the proud founder of the Arrowsmith Program which is now in over 90 organisations worldwide and is helping both children and adults to strengthen cognitive capabilities that underpin learning.

**Date**  
Friday 10 March

**Time**  
7.00pm

**Venue**  
Brisbane Boys’ College  
College Hall  
Kensington Terrace, Toowong

**Tickets**  
Free event

**RSVP**  
Book your ticket today via  

“Barbara’s story...is truly heroic, on par with the achievements of Helen Keller...” - Norman Doidge, M.D., author of *The Brain That Changes Itself*