
HEALTH AND PHYSICAL EDUCATION

Mr Steve Phillpotts

In Year 10 the practical units run concurrently with the major GPS sports and exposure to some non-GPS sports if provided.

Emphasis is on providing students with the skills and fitness to be able to participate in and enjoy these activities. Students also complete testing in the Sportsearch program and participate in fitness related activities to improve their scores in this testing.

Health lessons are designed to teach and motivate students towards choosing healthy lifestyle practices. Students are provided with a general education of drug use and abuse and then specifically focus on alcohol and driving. Life skills lessons are designed to equip students with the skills to make informed decisions and contribute positively to both BBC and the wider community. Units covered include study skills, career education and leadership.

The course in Year 10 is seen as a bridge between the Middle School Health and Physical Education course and the Senior School Physical Education course. It aims to provide students with a meaningful education in the context of educating boys and is embedded in the College's framework for learning.